

SEPTEMBER 2019 ADMIRAL NIMITZ GALLEY NAVAL BASE WHIDBEY ISLAND

SUNDAY	MONDAY	TUESDAY	WEDNSDAY	THURSDAY	FRIDAY	SATURDAY
01 B- TURKEY BACON, SAUSAGE LINKS L- SAUSAGE LINKS, CHICKEN NUGGETS, SLOPPY JOE D- BAKED FISH, SHEPARDS PIE	02 CYCLE 1 B-BACON, CREAMED BEEF L-LASAGNA, HERBED BAKED CHICKEN D- CHICKEN FAJITAS, HOT SUB SANDWICH * CHILI DOG BAR	03 B- CHIICKEN FRIED STEAK, BREAKFAST HAM STEAK L- CHALUPA, BEAN &BEEF BURRITO, SWEET POTATO GARBANZO TACO D- ROAST BEEF, GRILLED HAM & CHEESE * QUESIDILLA BAR	04 B- FRIED CHICKEN, BACON L- LENTIL CHILI, CANTONESE RIBS, CURRY CHICKEN BREAST D- BURGERS, CHICKEN CACCIATORE * BAKED POTATO BAR	05 B- TURKEY LINKS, SAUSAGE GRAVY & BISCUITS L- CHICKEN CABONARA, PORK LOIN D- PIZZA, GRILLED CHICKEN SANDWICH * NACHO BAR	06 B- MINCED BEEF, BACON L- CHILI MAC, BLACKENED CHICKEN D- HULI HULI CHICKEN, MEATBALL SUB *BREAKFAST BAR	07 B- GRILED BACON, CRAMED BEEF L-BACON, CHICKEN TETRAZZINI D-BAKED ZITI, SPINACH CHICKEN
08 B- BREAKFAST HAM STEAK, CORNED BEEF HASH L- WHITE BEAN CHICKEN CHILI, HAM & CHEESE SANDWICH D- SAVORY BAKED CHICKEN, ITALIAN RICE & BEEF	09 CYCLE 2 B- GRILLED SAUSAGE PATTIES, CREAMBED BEEF L- FRIED CHICKEN, CHUCK WAGON STEW D- ROSEMARY TURKEY ROAST, GRILLED SUB SANDWICH *CHILI DOG BAR	10 B- TURKEY LINKS, CHICKEN TOCINO L- BEEF ENCHILADAS,, FISH TACOS D- SPAGJETTI W/ MEAT SAUCE, GRILLED HAM &CHEESE *QUESADILLA BAR	11 B- CORNED BEEF HASH, FRIED CHICKEN L- PIZZA, LEMMON PEPPER FISH D- CHICKEN POT PIE, CHEESE BURGER *HOT WINGS	12 B- GRILLED SAUSAGE PATTIES, MINCED BEEF L- CHICKEN ALFREDO, SPAGHETTI W/MEAT SAUCE D- DIJON BAKED PORK CHOPS, GRILLED CHICKEN SANDWICH *NACHO BAR	13 B-TURKEY BACON, TEXAS HASH L- BRAISED SPARERIBS, CHICKEN FRIED STEAK D- HONEY LEON CHILCKEN BREAST, SLOPPY JOE *BREAKFAST BAR	14 B- CORNED BEEF HASH, FAST HAM STEAK L- B-FAST HAM STEAK, SPAGHETTI & MEATBALLS, CHICKEN CEASAR ROLLUP D- CORN DOG, JAMBALAYA
15 B- TURKEY BACON, SAUSAGE GRAVY & BISCUIT L- BREAD CHICKEN FILET, SAUSAGE GRAVY AND BISCUIT D- CHILI CON CARNE, BOMBAY CHICKEN	16 CYCLE 3 B- MINCED BEEF, BACON L- LEMON BAKED FISH, MEATLOAF D- SWEDISH MEATBALLS, CHICKEN TENDERS, TUNA MELT *CHILI DOG BAR	17 B- QUICHE, GRILLED TURKEY LINKS L- BEEF TACOS, FIESTA CHICKEN, D- CHICKEN TIKKI MASALA, GRILLED HAM & CHEESE *QUESADILLA BAR	18 B- FRIED CHICKEN, TURKEY SAUSAGE PATTY L- SWEET & SOUR CHICKEN, BEEF YAKISOBA D- PALAVER CHICKEN, PIZZA *BAKED POTATO BAR	19 B- CANADIAN BACON, CHICKEN TOCINO L-CHICKEN DIVAN, CHIPPER FISH, D- BBQ RIBS, BUFFALO CHICKEN SANDWICH *NACHO BAR	20 B- SAUSAGE PATTIES, SAUSAGE GRAVY & BISCUITS L- CRAB STUFFED FISH, CHICKEN PICCATA D- SANTE FE GLAZED CHICKEN, STEAK & CHEESE SUB *BREAKFAST BAR	21 B- BACON, GRILLED SAUSAGE PATTY L- GREEN CHILI, GRILLED SAUSAGE PATTY, CHICKEN LIME TACOS D- ORANAGE CHICKEN, BEEF YAKISOBA
22 B- TURKEY BACON, SAUSAGE LINKS L- SAUSAGE LINKS, CHICKEN NUGGETS, SLOPPY JOE D- BAKED FISH, SHEPARDS PIE	23 CYCLE 1 B-BACON, CREAMED BEEF L-LASAGNA, HERBED BAKED CHICKEN D- CHICKEN FAJITAS, HOT SUB SANDWICH * CHILI DOG BAR	24 B- CHIICKEN FRIED STEAK, BREAKFAST HAM STEAK L- CHALUPA, BEAN &BEEF BURRITO, SWEET POTATO GARBANZO TACO D- ROAST BEEF, GRILLED HAM & CHEESE * QUESIDILLA BAR	25 B- FRIED CHICKEN, BACON L- LENTIL CHILI, CANTONESE RIBS, CURRY CHICKEN BREAST D- BURGERS, CHICKEN CACCIATORE * BAKED POTATO BAR	26 B- TURKEY LINKS, SAUSAGE GRAVY & BISCUITS L- CHICKEN CABONARA, PORK LOIN D- PIZZA, GRILLED CHICKEN SANDWICH * NACHO BAR	27 B- MINCED BEEF, BACON L- CHILI MAC, BLACKENED CHICKEN D- HULI HULI CHICKEN, MEATBALL SUB *BREAKFAST BAR	28 B- GRILED BACON, CRAMED BEEF L-BACON, CHICKEN TETRAZZINI D-BAKED ZITI, SPINACH CHICKEN
29 B- BREAKFAST HAM STEAK, CORNED BEEF HASH L- WHITE BEAN CHICKEN CHILI, HAM & CHEESE SANDWICH D- SAVORY BAKED CHICKEN, ITALIAN RICE & BEEF	30 CYCLE 2 B- GRILLED SAUSAGE PATTIES, CREAMBED BEEF L- FRIED CHICKEN, CHUCK WAGON STEW D- ROSEMARY TURKEY ROAST, GRILLED SUB SANDWICH *CHILI DOG BAR	01OCT B- TURKEY LINKS, CHICKEN TOCINO L- BEEF ENCHILADAS,, FISH TACOS D- SPAGJETTI W/ MEAT SAUCE, GRILLED HAM &CHEESE *QUESADILLA BAR	02OCT B- CORNED BEEF HASH, FRIED CHICKEN L- PIZZA, LEMMON PEPPER FISH D- CHICKEN POT PIE, CHEESE BURGER *HOT WINGS	03OCT B- GRILLED SAUSAGE PATTIES, MINCED BEEF L- CHICKEN ALFREDO, SPAGHETTI W/MEAT SAUCE D- DIJON BAKED PORK CHOPS, GRILLED CHICKEN SANDWICH *NACHO BAR	04OCT B-TURKEY BACON, TEXAS HASH L- BRAISED SPARERIBS, CHICKEN FRIED STEAK D- HONEY LEON CHILCKEN BREAST, SLOPPY JOE *BREAKFAST BAR	05OCT B- CORNED BEEF HASH, FAST HAM STEAK L- B-FAST HAM STEAK, SPAGHETTI & MEATBALLS, CHICKEN CEASAR ROLLUP D- CORN DOG, JAMBALAYA