

UPCOMING EVENTS

AUGUST 2024

**01
THU**

STORY TIME & MUSIC BOX

10 - 11 AM
PSNS/MWR Recreation Center Bremerton
For more details call 360-396-4115

**05
MON**

NPS STROLLER WALK

9 - 10:30 AM
The Landings Community Center
2785 Cascades Pass Blvd. Bremerton
Call to register: 360-396-4115

Starting
**01
THU**

ANGER MANAGEMENT

6 Session Class
Thursdays 1 - 3 PM
NBK FFSC Bremerton Bldg. 491 Room 121
Call to register: 360-396-4115

**06
TUE**

EXECUTIVE LEADERSHIP TRAINING

8 AM - Noon
NBK FFSC Bangor Bldg. 2901
Call to register: 360-396-4115

**02
FRI**

SPONSORSHIP TRAINING

10 - 11 AM
NBK FFSC Bremerton Bldg. 491 Room 121
Call to register: 360-396-4115

**07
WED**

STRESS RESILIENCE- MIND BODY MENTAL FITNESS

2 - 4 PM
NBK FFSC Bremerton Bldg. 491 Room 121
Call to register: 360-396-4115

**02
FRI**

SURVIVING THE HOLIDAYS FINANCIALLY: WEBINAR

12 - 1:30 PM
Call to register: 360-396-4115

**08
THU**

THE FEDS MOST WANTED

11 AM - 1 PM
NBK FFSC Bremerton Bldg. 491 Room 121
Call to register: 360-396-4115

FFSC FACEBOOK GROUP



DETAILS



ADDITIONAL CLASSES AND SERVICES AVAILABLE BY APPOINTMENT.

CALL 866-854-0638

UPCOMING EVENTS

AUGUST 2024

**08
THU**

FIRST DUTY STATION FINANCIAL READINESS

8:30 - 10 AM
NBK FFSC Bangor Bldg. 2901
Call to register: 360-396-4115

**08
THU**

UNDERSTANDING YOUR BLENDED RETIREMENT FINANCIAL READINESS

2 - 3 PM
NBK FFSC Bangor Bldg. 2901
Call to register: 360-396-4115

**08
THU**

PERMANENT CHANGE OF STATION FINANCIAL READINESS

10 - 11 AM
NBK FFSC Bangor Bldg. 2901
Call to register: 360-396-4115

**08
THU**

MARRIAGE FINANCIAL READINESS

3 - 4 PM
NBK FFSC Bangor Bldg. 2901
Call to register: 360-396-4115

**08
THU**

PROMOTION FINANCIAL READINESS

11 AM - Noon
NBK FFSC Bangor Bldg. 2901
Call to register: 360-396-4115

**09
FRI**

WELCOME FIRST CHILD FINANCIAL READINESS

8 - 9 AM
NBK FFSC Bangor Bldg. 2901
Call to register: 360-396-4115

**08
THU**

THRIFT SAVINGS PLAN FINANCIAL READINESS

1 - 2 PM
NBK FFSC Bangor Bldg. 2901
Call to register: 360-396-4115

**09
FRI**

DIVORCE FINANCIAL READINESS

9 - 10 AM
NBK FFSC Bangor Bldg. 2901
Call to register: 360-396-4115

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UPCOMING EVENTS

AUGUST 2024

**09
FRI**

DISABLING SICKNESS OR CONDITION FINANCIAL READINESS

10 - 11 AM
NBK FFSC Bangor Bldg. 2901
Call to register: 360-396-4115

**12
MON**

SAVINGS AND INVESTING

9 - 10:30 AM
NBK FFSC Bremerton Bldg. 491 Room 228
Call to register: 360-396-4115

**09
FRI**

LEADERSHIP FINANCIAL READINESS

11 AM - Noon
NBK FFSC Bangor Bldg. 2901
Call to register: 360-396-4115

**13
TUE**

BABY FIRST FOODS

10 AM - 12:30 PM
Bangor Community Center
3195 Bonefish Circle, Bangor
Call to register: 360-396-4115

**09
FRI**

PRE-DEPLOYMENT FINANCIAL READINESS

1 - 2:30 PM
NBK FFSC Bangor Bldg. 2901
Call to register: 360-396-4115

**13
TUE**

NPS PLAY GROUP

10:30 AM - 12:30 PM
The Landings Community Center
2785 Cascades Pass Blvd. Bremerton
Call to register: 360-396-4115

**09
FRI**

POST-DEPLOYMENT FINANCIAL READINESS

2:30 - 4 PM
NBK FFSC Bangor Bldg. 2901
Call to register: 360-396-4115

**13
TUE**

HOW TO STRESS THE RIGHT WAY

3 - 5 PM
NBK FFSC Bremerton Bldg. 491 Room 121
Call to register: 360-396-4115

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UPCOMING EVENTS

AUGUST 2024

14
WED

MINDFULNESS & MEDITATION- MIND BODY MENTAL FITNESS

2 - 4 PM
NBK FFSC Bremerton Bldg. 491 Room 121
Call to register: 360-396-4115

27
TUE

BABY BUBBLES & MUSIC BOX

10:30 AM - 12:30 PM
Bangor Community Center
3195 Bonefish Circle, Bangor
Call to register: 360-396-4115

15
THU

SMOOTH MOVE

2 - 3 PM
NBK FFSC Bremerton Bldg. 491 Room 121
Call to register: 360-396-4115

27
TUE

CONFESSIONS OF AN EFFECTIVE COMMUNICATOR

3 - 5 PM
NBK FFSC Bremerton Bldg. 491 Room 121
Call to register: 360-396-4115

20
TUE

HOW ANGER IS RIPPING YOU OFF

3 - 5 PM
NBK FFSC Bremerton Bldg. 491 Room 121
Call to register: 360-396-4115

28
WED

FLEXIBILITY- MIND BODY MENTAL FITNESS

2 - 4 PM
NBK FFSC Bremerton Bldg. 491 Room 121
Call to register: 360-396-4115

21
WED

LIVING CORE VALUES- MIND BODY MENTAL FITNESS

2 - 4 PM
NBK FFSC Bremerton Bldg. 491 Room 121
Call to register: 360-396-4115

29
THU

CIVILIAN RESUME

9 - 10 AM
NBK FFSC Bremerton Bldg. 491 Room 121
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UPCOMING EVENTS

AUGUST 2024

29
THU

INTERVIEW PREP

10 - 11 AM

NBK FFSC Bremerton Bldg. 491 Room 121

Call to register: 360-396-4115



Volunteer Fair

Learn about local volunteer opportunities and how you can support their missions.

**FFSC Blue, 2901 Barbel St.
Thursday August 8, 5-7 PM**

SCAN for DETAILS




MILITARY RETIREE SEMINAR

Thursday, August 15
9 a.m. - 3 p.m.
Bangor Plaza Ballroom

Topics of discussion include:

- ★ Legislative, benefits, medical, and financial updates
- ★ Estate and tax planning

Scan for event details:



Join us virtually by scanning here:



navylifeprw.com
@KitsapFFR

FFSC FACEBOOK GROUP



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Naval Base Kitsap-Bangor: Blue, Bldg. 2901
Naval Base Kitsap-Bremerton: FFSC, Bldg. 491